The three aims in section 149 of the Equality Act 2010 can be pictured as three overlapping circles, as shown below.

Also, the aims can be helpfully explained in informal language:

- **‘Eliminate discrimination’** means treat everyone the same
- **‘Advance equality of opportunity’** means treat everyone differently
- **‘Foster good relations’** – means help them get on with each other.

Source: *Changing Life Chances: projects and endeavours in schools* by Robin Richardson, Trentham Books 2012